

FEEDBACK 10 OCTOBER 2017 EVENT

‘What would a Trauma Informed Community look like?’

RESILIENCE:

The Biology of Stress & The Science of Hope chronicles the promising beginnings of an international movement to prevent childhood trauma, treat Toxic Stress, and greatly improve the health of future generations.

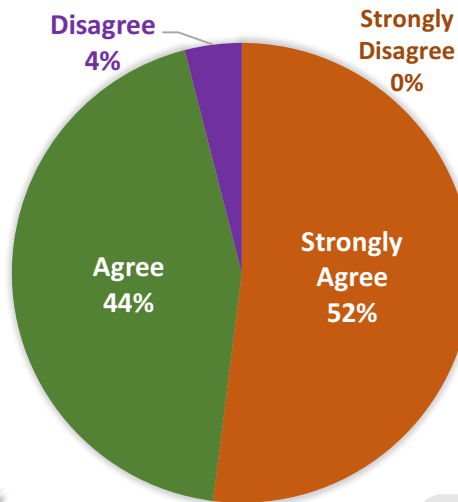
The poster features a central illustration of a brain with anatomical details, set against a background of stylized green hills and trees. The word 'RESILIENCE' is prominently displayed in large white letters, with the subtitle 'THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE' below it. The artist's signature 'fig1' is visible at the bottom right of the illustration. The poster includes technical details on the left: 'Fri: A0876-X', 'Sa: 3', 'Im: 13 / 596', and 'Em: 57'. On the right, it lists '0x00151D64', '00079.5', and '08:08:34:07'. The top left corner features logos for 'bensplace' (Specialist Support for Young People, Adults & Families) and 'I-RAP Giving every child a voice'. The top right corner notes '10 October is World Mental Health Day' with a small bee icon. The bottom section lists sponsors and supporters: CohenCramer, West Yorkshire Survivors, Bradford College, Survivors Manchester, MSP Male Survivors Partnership, Warren Larkin Associates Limited, and Bradford Rape Crisis & Sexual Abuse Survivors Service.

Showcasing a ground-breaking documentary

FEEDBACK ANALYSIS

The feedback is based on 50 responses from 130+ attendees, an approximate 37% return.

Q1. My knowledge was enhanced



My knowledge is already good, good to know an organisation is taking up the cause to educate re developmental trauma

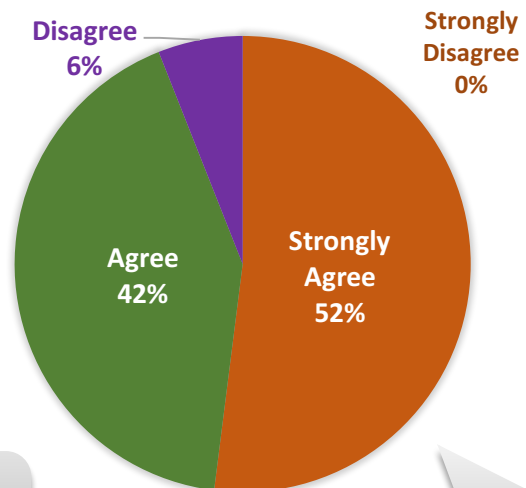
In a way there was a lot that was fundamental to me & understanding that I already know - but this has challenged some of my ideas, enhanced my knowledge, and helped consider directions for practice

Learnt a great deal about the link between trauma & physical health and particularly emotional and general health

The film was excellent - should be available for everyone

96% responders stated that their knowledge was enhanced by the event.

Q2. The session made me think differently about the topic



How science has caught up and put a voice to what many have known personally or through their work for a long time

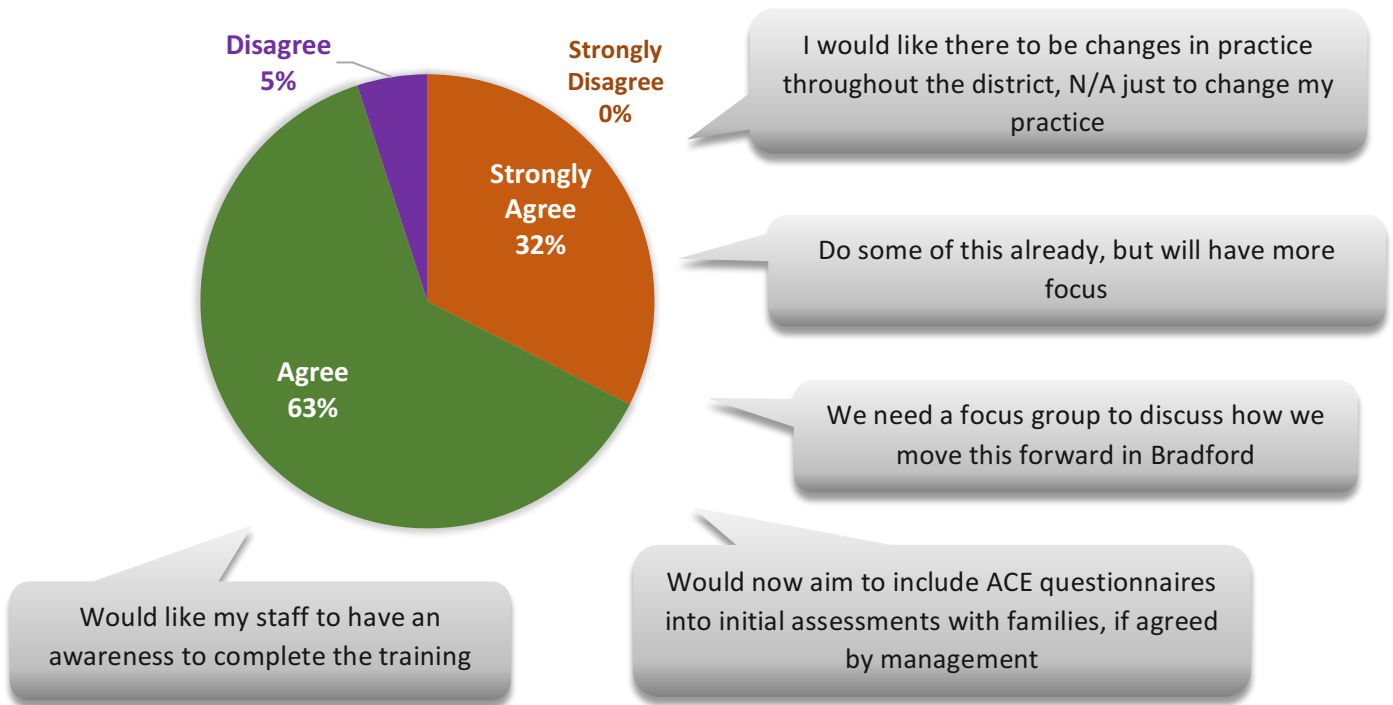
Made me think about how we need to place more focus on early intervention and stress - including trauma

Health checks with routine enquiries is definitely the key to changing the entrenched behaviours being demonstrated

We need to support communities to look carefully at trauma

The session made 94% responders think differently about the topic.

Q3. I will change my practice (40 responses to this question)



95% responders have stated that they will change their practise as a result of the event.

Suggestions for future safeguarding events:

- More about addressing structures for delivery
- More on trauma and ACE studies
- A workshop on how to explore ACEs with young people sensitively
- Regular updates about progress in Bradford regarding Trauma Informed Society
- Survivor Mums Companion - a model for supporting women who experienced ACEs and CSA and are pregnant
- Our children are already scoring high it would be more relevant to my role to know what the next steps are
- More on trauma informed environments - schools and city
- More involvement of strategic leaders in this session
- Would have been interesting to have a breakdown of who attended - Education, health etc.
- ACE awareness for health partners to improve referral to appropriate services
- ACE awareness for all the community trauma informed
- To include disabilities info e.g.: a child with autism who is experiencing fight & flight on a daily basis. Disability often gets missed when taking about these issues
- Working with parents who have had children removed - how do we enable them to parent sensitively in the future?
- We need follow up sessions for future planning from learning
- Older people - isolation and loneliness